

## PERSONAL EQUIPMENT

### **Clothing and Bedding**

- Sleeping bag or bed roll - Troop 524 camps many nights per year, in all types of weather. A middle weight bag is recommended for most of the Troop camping. During cold weather camping, extra blankets or a lighter sleeping bag on the inside can increase a sleeping bags ability to retain heat.
- Poncho or raincoat.
- Change of clothing - On a summer overnight campout usually one change of clothes is all that is needed. During cold weather or snow campouts 2 or more changes of clothes and boot liners are necessary.
- Outer clothing - In the summer we only carry light jackets, winter ware is warm coat and hat; (preferably a stocking cap) and gloves. This is for warmth in the winter, sun protection in the summer.
- Swimming suit and beach towel - (summer only).

### **Toilet Articles**

Soap, washcloth, towel, deodorant, toothbrush, toothpaste, comb or brush - all in a bag or kit marked with the Scout's name.

### **Optional**

- Battery Powered Flashlight and Spare Batteries - Remember, "bigger" does not mean "better".
- Insect Repellent - Non-aerosol type is recommended.
- Trash Bags - this item has a multitude of uses at camp besides taking care of trash. Scouts should keep a couple extra on hand.
- Personal First Aid Kit - A personal first aid kit should be small enough to carry in the pocket, and is designed for minor scratches and cuts. Every Scout prepares one of these as a Second Class Scout. The Troop carries a well-stocked first aid kit, but Scouts are not always in the immediate vicinity.
- Boy Scout Handbook, Pencil and Paper.
- Totin' Chip and Firem'n Chit - The Scouts are required to carry these cards when doing these activities. The Troop provides a couple opportunities each year to earn these cards.
- Back Pack or Duffel bag - Most outings don't require a back pack, so an inexpensive duffel bag will be sufficient. A good back pack will cost over \$100.00. Make certain that the pack is properly sized. Scouts can sell or trade up with other members of the Troop as they get older and their needs in the size department change. The Scout's name should be placed on the outside of the pack and other belongings.
- Closed Cell Foam Sleeping Mat - If possible a closed cell foam sleeping mat used by hikers is a good item to have, it rolls up in a small space, and provides some ground cushion, and in the winter it provides ground insulation for warmth. Many types are available and range in cost.
- Pajamas, Sweat Suit or Polypropylene long johns - for sleeping.
- Compass - A good item to have. Many times Scout functions include compass activities and it can be difficult for several Scouts to share one compass.
- Canteen or Water Bottle - They should be plastic or metal, and have some way to attach to the clothing, or hang from the shoulder.

A certain amount of personal equipment is needed by each Scout for participation in the camping and outdoor activities conducted by the Troop. All personal equipment items, except for the sleeping bag, should fit in a pack and must be light enough for the Scout to carry for some distance where a long hike or "pack in" is required.